



PRICELIST FRESH FARM DELI

12.04.2026 - 18.04.2026

Prices may change without prior notice

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Product	Quantity	Price	Description				
OTHER							
Eggs (Mixed Size)	30	R 85.00	Free Range				
Hash Brown (Gold Seal)	6 Per Pack	R 38.00					
Frozen Chips	1kg Shoe String	R 65.00	1kg choice grade	R 61.00	Shoe Sting = 7mm / Choice Grade = 10mm		
DAIRY							
FARM BUTTER							
Farm Butter Original	500g	R 70.00	Brick				
YOGURT & DRINKING YOGHURT							
Plain Yoghurt	1kg	R 55.00	Full Cream, Pure, NO Preservatives				
CREAM CHEESE							
Cream Cheese	250g	R 35.00	500g	R 60.00	1kg	R 100.00	
DANISH FETA							
Danish Feta	400g	R 80.00	Plain, Garlic & Herb, Black Pepper				
CHEESE							
Cheddar	500g	R 75.00	1kg	R 135.00			
Cheddar Grated	500g	R 75.00	1kg	R 150.00			
White Cheddar	500g	R 75.00	1kg	R 135.00			
White Cheddar Grated	500g	R 75.00	1kg	R 150.00			
Gouda	500g	R 76.00	1kg	R 136.00			
Gouda Grated	500g	R 76.00	1kg	R 140.00			
Mozzarella	500g	R 75.00	1kg	R 135.00			
Mozzarella Grated	500g	R 75.00	1kg	R 150.00			
Pizza Mix	500g	R 75.00	1kg	R 145.00			
Parmesan Grated	100g	R 35.00	200g	R 60.00	1kg	R 215.00	
FRESH & FROZEN FRUIT FOR SMOOTHY							
Frozen Blueberry	1kg	R 80.00					
Frozen Mango Pieces	1kg	R 110.00					
Frozen Mixed Berry	1kg	R 90.00					
Frozen Pineapple	1kg	R 85.00					
Frozen Strawberry	1kg	R 75.00					
SMOOTHIES							
Strawberry Burst	350ml	R 40.00	Strawberry, Apple Juice, Banana & Yoghurt				
Peanut Butter Delight	350ml	R 45.00	Peanut Butter, Banana, Lindt Chocolate & Yoghurt				
Tropic Glo	350ml	R 40.00	Mango, Pineapple, Passion Fruit & Orange Juice,				
Klap Gym	350ml	R 40.00	Peanut Butter, Banana, Yoghurt, Whey Protein, Cinnamon, Honey, Chia Seeds & Almonds				
Blueberry Protein Power	350ml	R 45.00	Blueberries, Peanut Butter, Dates, Banana & Vanilla Whey Protein				

OSTRICH MEAT				PAGE 2
Ostrich Wors	500g	R	94.00	
Ostrich Cheese Wors	500g	R	105.00	
Ostrich Cherry Wors	500g	R	105.00	
Ostrich Stir-Fry	500g	R	95.00	
Ostrich Lean Mince	500g	R	90.00	
Ostrich Burger Patties	4 x 125g	R	90.00	
Ostrich Steak	2 x 250g	R	90.00	
Ostrich Fillet	2 x 200g	R	100.00	
RED MEAT				
(Grass Fed / Free from Hormones & Antibiotics)				
Lean Mince	Per kg	R	162.00	100 % Beef (+-500g pack size) 90% Meat/10% Fat
Boerewors (Soy Free) Thick	Per kg	R	150.00	(+-500g pack size)
Kalahari Boerewors (Soy Free) Thin	Per kg	R	160.00	(+-500g pack size)
Rump	Per kg	R	260.00	
Meat Balls	Per kg	R	155.00	
Pure Beef Burger Patties	Per kg	R	148.00	(+-1kg pack size)
PORK				
Bacon Bits	Per kg	R	120.00	Pack Size +-1kg
Shoulder Bacon	Per kg	R	122.00	
Sandwich Ham	Each	R	70.00	Sliced in 500g
Cheese Grillers Standard	500g	R	75.00	500g
Cocktail Cheese Griller	500g	R	80.00	500g
Pork Loin Chops	Per kg	R	143.00	Pack Size +-1kg
FREE RANGE CHICKEN (A-GRADE QUALITY)				
Free from Hormones & Antibiotics				
Free Range Chicken Fillets	Per kg	R	115.00	Pack Size +-1kg
Free Range Chicken Thighs	Per kg	R	105.00	Pack Size +-600g
Free Range Chicken Wings	Per kg	R	120.00	Pack Size +-500g
Free Range Chicken Drumsticks	Per kg	R	120.00	Pack Size +-500g
CHICKEN - NOT FREE RANGE				
Skinless Boneless Thighs	Per kg	R	130.00	Pack Size +-500g
Chicken Star-Pack With Skin	Per kg	R	80.00	Drumstick & Thighs
CHICKEN VARIETIES - NOT FREE RANGE				
Chicken Stirfry	Per kg	R	100.00	Not Marinated
Chicken Espetada Combo	Per kg	R	95.00	
Marinated Chicken Flatties	Per kg	R	85.00	BBQ / Lemon & Herb
Macon: Deboned Thighs Wrapped in Beef Bacon	Per kg	R	100.00	Deboned Thighs wrapped in Beef Back (4 per pack)
CHICKEN COMBOS				
Chicken Hamper	1	R	410.00	1 x Chicken Flattie, 1 x Mr Magic, 1 x Sosaties, 1 x Skinless Boneless Thighs 500g, 1 x Star Pack (Choose between BBQ or Lemon & Herb only)
Chicken Hamper	2	R	500.00	2 x Skinless Boneless Thighs Packs, 2 x Star Packs, 1 x Chicken Star Pack, 1 x Free Range Chicken Fillets 1kg

CRUMBED CHICKEN					PAGE 3
Chicken Nuggets	1kg	R	125.00		
Chicken Strips	1kg	R	125.00		
Chicken Schnitzel	1kg	R	130.00		
Chicken Patties	1kg	R	125.00		
Chicken Cordon Bleu	1kg	R	140.00		
CRUMBED CHICKEN COMBOS					
Crumbed Chicken 4kg	Combo	R	465.00	Schintzel, Patties, Strips, Nuggets	
Crumbed Chicken Cheesy 4kg	Combo	R	415.00	Schnitzel, Patties, Strips, Bites	
CHEESY CRUMBED CHICKEN					
Chicken Cheesy Bites	1kg	R	115.00		
Chicken Cheesy Strips	1kg	R	115.00		
Chicken Cheesy Schnitzel	1kg	R	115.00		
Chicken Cheesy Patties	1kg	R	115.00		
PIZZERIA					
Mini Pizzas	70g	R	70.00	8 mini pizzas (Cheese Topping)	
Pizza Bases 32cm	5 Pack	R	110.00		
Pizza Special	New	R	235.00	1 x Pizza Bases Pack (5), 1 x Pizza Mix 1kg	
FROZEN READY MEALS (Heat and Eat)					
PASTA DISHES					
Beef Lasagne	400g	R	70.00	1kg	R 135.00
Chicken Lasagne	400g	R	70.00	1kg	R 135.00
Spaghetti Bolognese	400g	R	70.00		
HEAT AND EAT COMBOS					
Heat and Eat Combo	400g	R	330.00	Any 5 x 400g Heat and Eat Meals	
Home Alone Combo	400g	R	380.00	Beef Lasagne; Mac & Cheese; Spaghetti Bolognese; Chicken Lasagne; Cheese & Garlic Braai Pie; Mini Pizza (8)	
BRAAI PIES					
Cheese Garlic Braai Pie	365g	R	45.00		
BAKERY					
Koeksisters (Large)	Dozen	R	60.00	LARGE	
Koeksisters (Cocktail)	Dozen	R	42.00	COCKTAIL	

NUTS							PAGE 4
Product	Size	Price	Size	Price	Size	Price	
Almond Natural / Roasted & Salted	250g	R 65.00	500g	R 130.00	1kg	R 280.00	
Mixed Nuts Natural / Roasted & Salted	250g	R 75.00	500g	R 140.00	1kg	R 300.00	
MIXES							
Product	Size	Price	Size	Price	Size	Price	
Granola/Nut/Fruit/Seed Mix	1kg	R 90.00					
Rolled Oats	1kg	R 50.00					
DRIED FRUITS							
Product	Size	Price	Size	Price	Size	Price	
Cranberry	250g	R 50.00	500g	R 85.00	1kg	R 180.00	
Dates	250g	R 30.00	500g	R 50.00	1kg	R 80.00	
Ginger Cubes	250g	R 48.00	500g	R 80.00	1kg	R 150.00	
Ginger Slices	250g	R 48.00	500g	R 80.00	1kg	R 150.00	
Raisins Seedless	250g	R 35.00	500g	R 50.00	1kg	R 80.00	
SPECIALTIES							
Product	Size	Price	Size	Price	Size	Price	
Pink/White Peanuts	250g	R 40.00	500g	R 58.00	1kg	R 125.00	
Yogurt Dates	250g	R 55.00	500g	R 100.00	1kg	R 180.00	
SEEDS							
Product	Size	Price	Size	Price	Size	Price	
Chia Seed	250g	R 45.00	500g	R 80.00	1kg	R 130.00	
Pumpkin Seed	250g	R 50.00	500g	R 90.00	1kg	R 155.00	
SWEETIES							
Product	Size	Price	Size	Price	Size	Price	
Jelly Beans	250g	R 48.00	500g	R 85.00	1kg	R 160.00	
Jelly Tots	250g	R 40.00	500g	R 70.00	1kg	R 125.00	
JuJubes	250g	R 40.00	500g	R 70.00	1kg	R 125.00	